

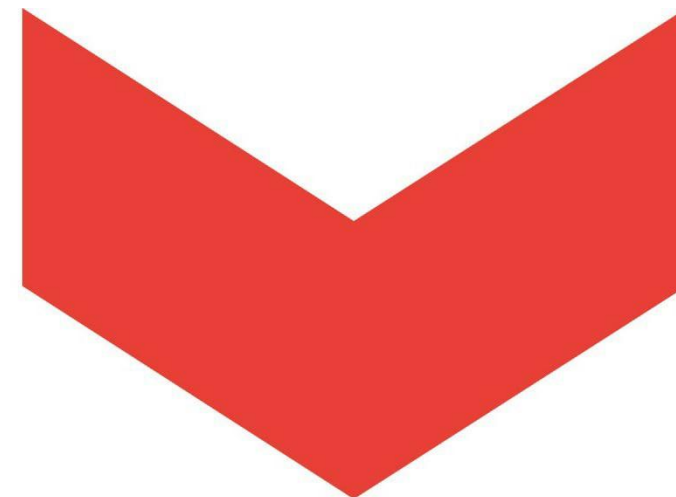
Police Personnel Suicide Data Collection

****S40(2)**** – National Police Chief Medical Officer Claire Long – NPWS Suicide Prevention Lead

Date: 18/3/2026

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www.oscarkilo.org.uk

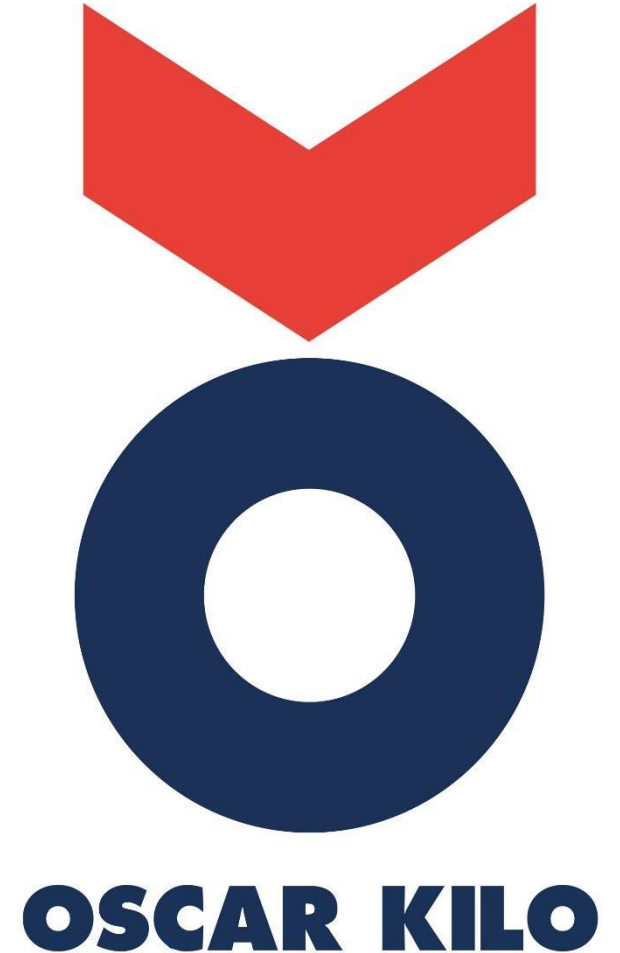


What do we want?

1. To understand the numbers of suicides and suspected suicides occurring within the police workforce – current and former officers and staff
2. To gain a better understanding of the issues surrounding each suicide – work-related and non-work-related – so we can get better at suicide prevention and own the narrative about occurrence and intervention
3. To improve an existing data reporting process to achieve a robust and reliable source of information across 43 forces in England and Wales
4. To supplement the existing process with a CMO enquiry of forces when a death by suicide occurs for a serving police officer or member of police staff

Why do we want it?

- The existing reporting process was launched in 2022. Participating forces provide data, following attendance at a sudden death, to TVP. This informs a monthly NPCC report.
- This records suspected suicides. It is the only real time recording that we have. (Coroner confirmed suicide data takes months to obtain.)
- There is the potential to establish a national dashboard to inform targeting of resources to support those affected and to prevent future deaths.



OFFICIAL SENSITIVE - 16

Police Officer/Staff Deaths – Jan 22 to Dec 25

* Note: This is only based on data shared with NPCC therefore some Force returns may be missing

Former Police Officer/Staff

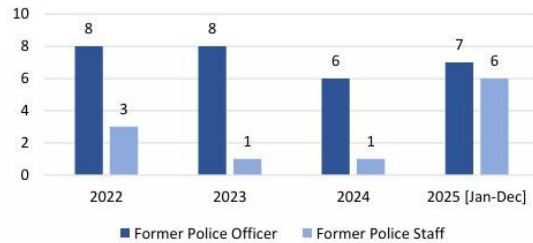
Calendar Year	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
2022	1	0	1	0	4	0	0	0	0	3	0	2	11
2023	0	1	1	1	0	2	1	0	1	1	0	1	9
2024	2	0	1	0	1	0	2	1	0	0	0	0	7
2025	2	1	3	1	0	0	1	0	0	2	1	2	13
Total	5	2	6	2	5	2	4	1	1	6	1	5	40

Serving Police Officer/Staff

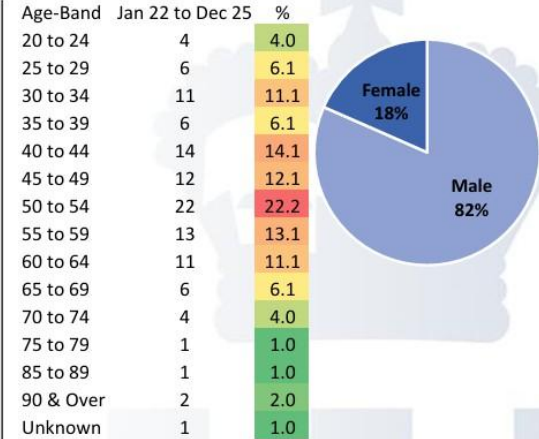
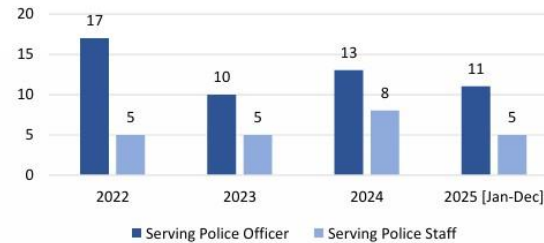
Calendar Year	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
2022	3	3	1	0	0	1	1	2	2	4	2	3	22
2023	2	0	1	1	2	2	2	2	2	0	1	0	15
2024	4	0	1	3	0	1	1	1	2	2	2	4	21
2025	3	1	4	0	0	2	1	1	2	0	1	1	16
Total	12	4	7	4	2	6	5	6	8	6	6	8	74

- South East region saw seven police deaths in 2025 compared to three in the same period in 2024.
- 6 (21%) of the 29 incidents YTD were deaths following police contact, and 5 (17.2%) were suspected of either domestic abuse or another crime.

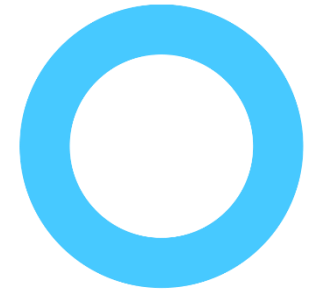
Former Police - Full Year Comparison



Serving Police - Full Year Comparison



Marital Status	Jan 22 to Dec 25	%
Married	36	36.4
Single	24	24.2
Unknown	13	13.1
Separated	12	12.1
Divorced	10	10.1
In Relationship	11	11.1
Partnership/Cohabiting	4	4.0
Widowed	3	3.0
Other (add to free-text)	1	1.0



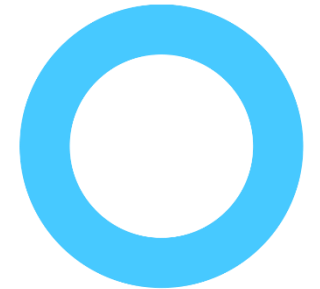
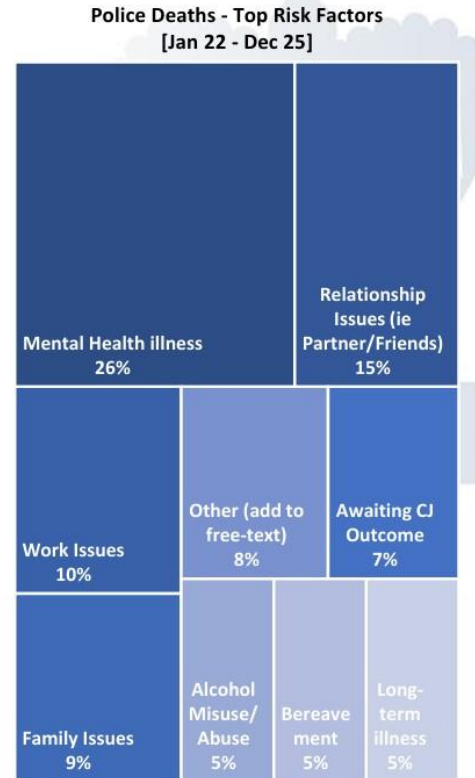
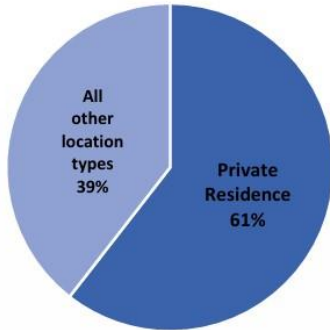
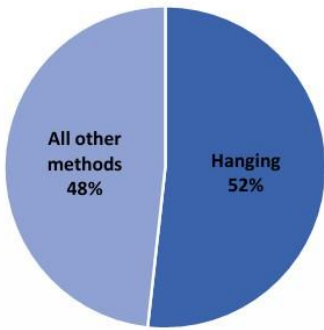
OFFICIAL SENSITIVE - 17

Police Officer/Staff Deaths Cont.

** Note: This is only based on data shared with NPCC therefore some Force returns may be missing*

Suicide Method	2022	2023	2024	2025	Total
Hanging	16	16	12	15	59
Overdose – Medication	5	2	4	6	17
Struck by Train/ Vehicle	2	2	2	3	9
Jumping from Height	3	0	2	1	6
Asphyxiation by Lethal Gas	1	1	2	2	6
Sharp Object/Cutting	3	0	1	1	5
Self Suffocation	1	0	1	2	4
Drowning	1	1	1	0	3
Unknown	1	1	1	0	3
Shotgun/Firearm	1	1	0	0	2
Deliberate Collision in Vehicle	0	0	1	0	1
Poisoning/ Other Lethal Substance	0	0	1	1	2
Total	34	24	28	31	117

Suicide Location Type	2022	2023	2024	2025	Total
Private Residence	20	14	18	17	69
Railway/Underground/ Tram	2	2	2	3	9
Woods/Forest	5	2	0	1	8
Car Park	1	0	1	3	5
Shed/ Garage	0	2	0	4	6
Hotel	1	1	0	0	2
Other (add to free-text)	1	1	0	0	2
Sea	1	0	0	0	1
Motorway/A Road	0	0	1	0	1
Street/B Road	0	0	1	0	1
Open Water	0	1	0	0	1
River	0	0	1	0	1
Bridge – Other	1	0	0	0	1
Coastal Cliff	0	0	1	0	1
Farm/building/Field	0	1	0	0	1
Unknown	1	0	0	0	1
Public Park	0	0	1	1	2
Open Countryside	0	0	1	0	1
Hospital	0	0	1	0	1
Total	33	24	28	29	114



CMO Enquiry

Supplement data set gathered by TVP / NPCC Suicide Prevention portfolio (Appendix A)

Approach to forces affected via a nominated SPOC involved in the Gold postvention investigation

Collection of additional anonymous data set (Appendix B)

Conversation / semi-structured interview

No requirement of confidential medical information

- E.G., sight of occupational health record.

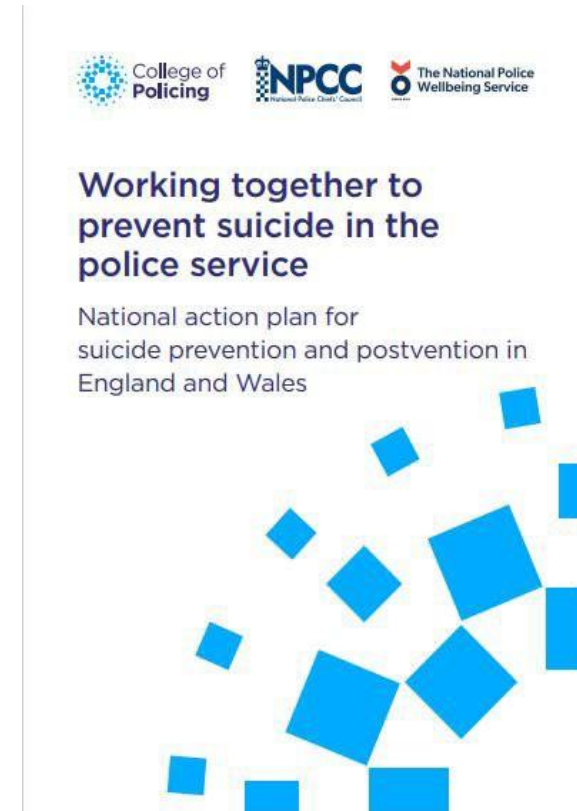
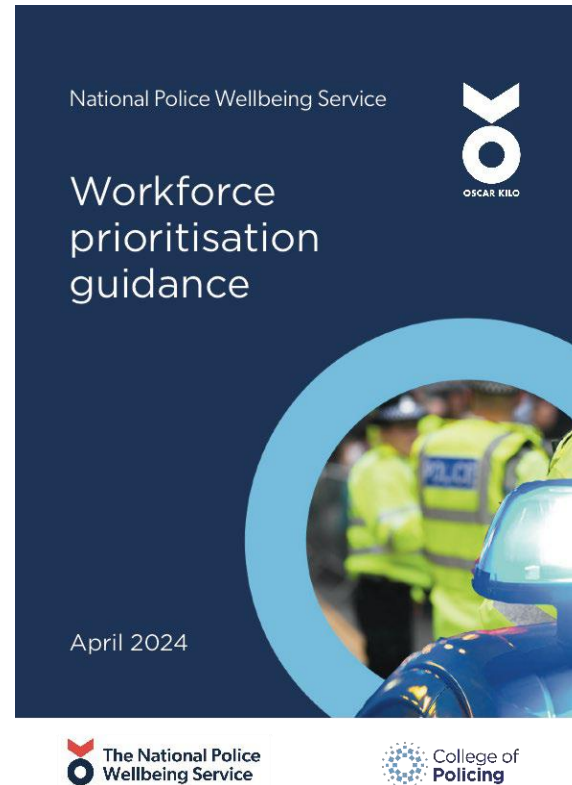
Consulting with the University of Manchester ([National Confidential Inquiry into Suicide and Safety in Mental Health \(NCISH\)](#))

Data analytics and insights

- NPCC data reporting and enquiry
- Mental Health Crisis Line
- Analysis of coronial reports and Regulation 28 notices
- Collaborate and share learning across emergency services and with policing internationally
- External reference group supported by Samaritans



How we do it – strategy and guidance



Thank you

Any questions?

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